

SUGGESTED USAGE INSTRUCTIONS FOR PURE SILVER HYDROSOL™

Please be aware that federal regulations limit dietary supplements to oral administration, even if structure/function claims may be specific to certain body parts.

Pure Silver Hydrosol™, due to its extraordinary finesse and energy, may be your most effective tool to maintain, sustain and support your immune system in an ever-changing environment.

Note: Look for documentation by the company – i.e. photographic proof of the smallest size possible. A 10 ppm formulation which consists of active silver [$\text{Ag}_{(n)}^{1+}$] in pharmaceutical-grade purified water provides the ideal balance of safety and effectiveness. As particle size decreases, energy increases, actually giving you MORE from less. Only a Pure Silver Hydrosol with these attributes at 10 ppm can offer this.

Maintenance Dose – 1 teaspoon, hold under tongue for 30 seconds, swallow, once per day.

Immune Building – 1 teaspoon, hold under tongue for 30 seconds, swallow, 3 times per day.

Long-term Immune Support – 1 teaspoon, hold under tongue for 30 seconds, swallow, 7 times per day.

Short-term Immune Support – 1 teaspoon, hold under tongue for 30 seconds, swallow, 5 times per day.

Eye Health – Use 1-2 drops, every hour until condition improves.

Ear Health – 1-2 droppersful, hold in ear for 3 minutes, 3 times daily until condition improves.

Female Health – Take 1-2 ounces on a tampon, hold vaginally for 20 minutes, repeat 2 times daily until condition improves.

Intestinal Health Balance – Take 2 tablespoons of silver (without holding under the tongue) along with 2 tablespoons pure aloe liquid, on an empty stomach. Repeat 3 times daily. Follow with 1-2 capsules of enzymes.

Mouth and Gum Health – Hold 1-2 teaspoons in mouth for 3 minutes, repeat 4 times daily until condition improves.

Nasal Health – Using a vertical spray, 3 to 5 sprays, repeat 4 times per day.

Respiratory Health – See Short-term immune support dosage above.

Stomach Health – Take 2 tablespoons (without holding under tongue) on an hourly basis, and on an empty stomach, until balance is restored. Follow with 1-2 capsules of enzymes at bedtime.

Throat Health – Lightly gargle 2 tablespoons in throat for 3 minutes, repeat 4 times daily. If using spray, 15 sprays every hour until condition improves.

Urinary Tract Health – Swallow 1 tablespoon directly (without holding under tongue) hourly on an empty stomach, until urinary tract balance is restored.

When Travelling – Take 1 teaspoon before, during, and after flying on a plane or when in other poor air quality environments. A nasal mister with Pure Silver Hydrosol can be an ideal travel companion.



First Aid Recovery Support for Cuts, Scrapes, Bug bites, etc. – Use Homeopathic Silver First Aid Gel until condition improves.

Nail Health – See Long-term immune support dosage above. And use Homeopathic Silver First Aid Gel topically until condition improves.

Skin Health – Use Homeopathic Silver First Aid Gel. Apply to affected area. Use until condition improves.